


Why Relationship Matter



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What is attachment?

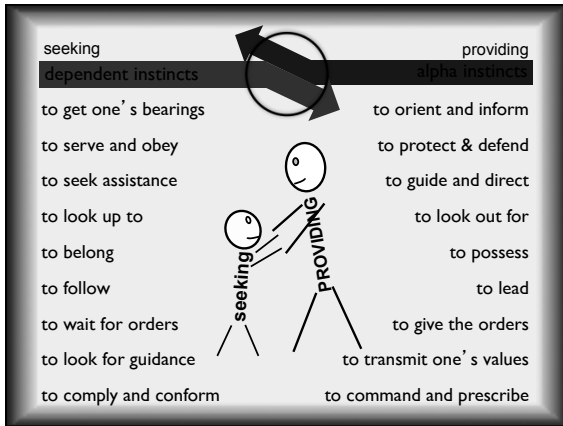
Hierarchy of Attention

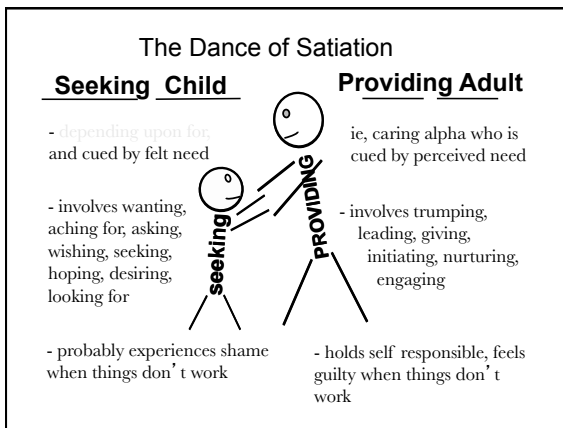
SEPARATION ALARM - *facing separation is the most significant threat and most impactful experience*

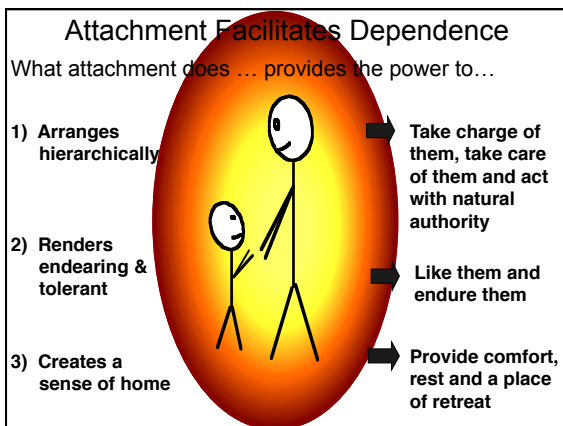
ATTACHMENT - *to who and what we are attached to (including the familiar and the known)*

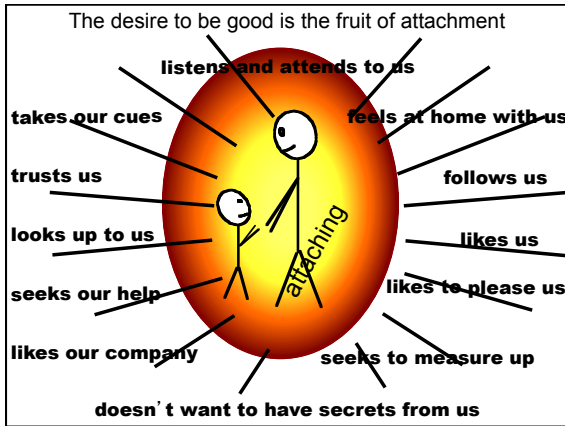
HUNGER - *to food*

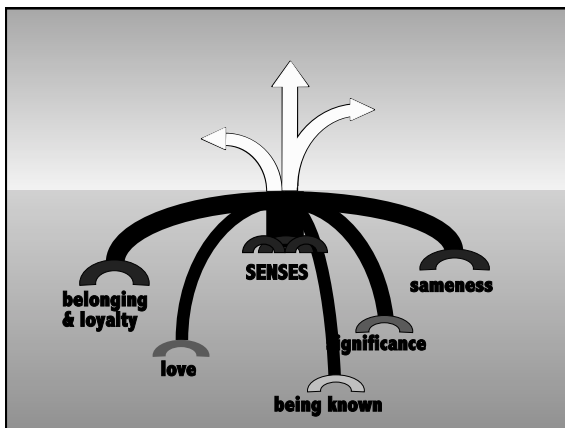
INDIVIDUATION - *to the unfamiliar and the unknown*











Children need to be:

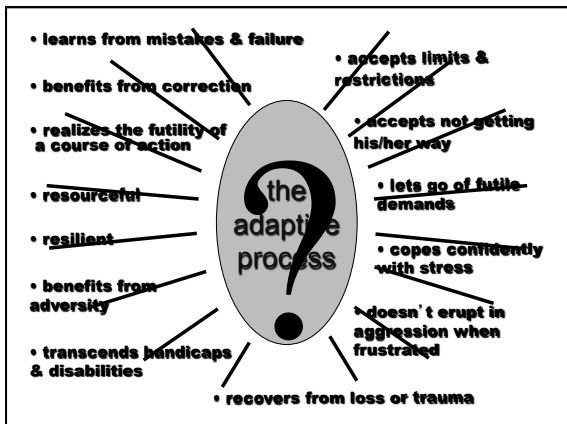
a) Attached to the right adults

b) Attached in the right HIERARCHICAL arrangement.

Attachment = Oxytocin

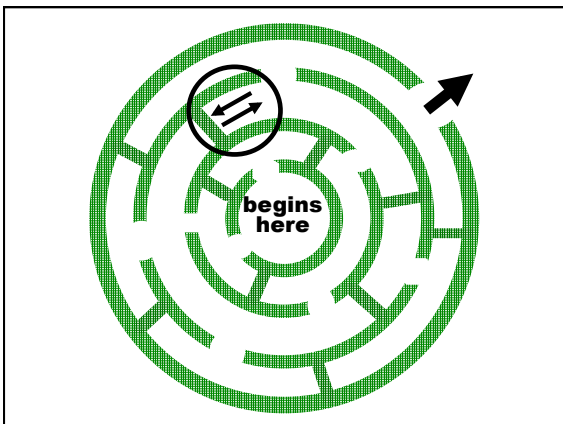
- Attachment activates the release of oxytocin and opiates
 - Associated with rest
- Attached in the right HIERARCHICAL arrangement.

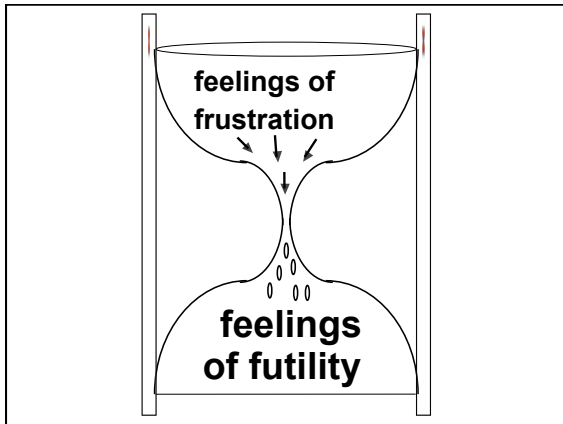
What underlies adaptation and resilience?



THE KEY
TO ADAPTATION
IS THE
REGISTRATION
OF FUTILITY



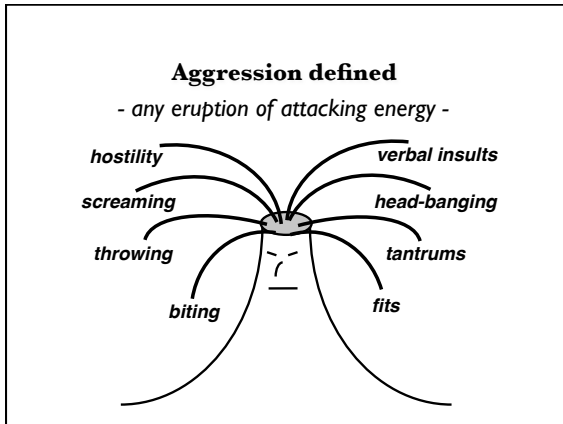


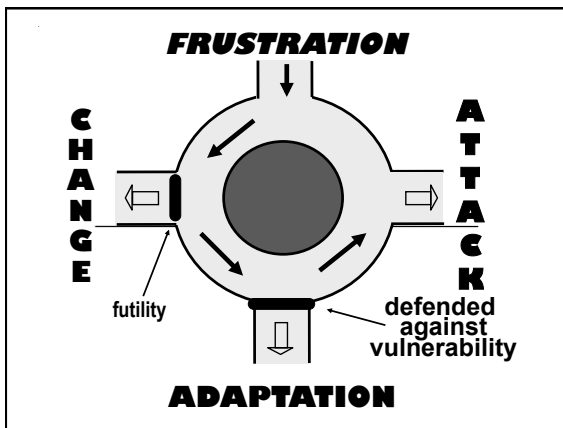



Four kinds of futilities that are the hardest to face

1. Limits and restrictions
2. The futility of controlling other's actions and decisions
3. Futilities that derive from their own nature
4. The futility of fulfillment (e.g., stemming from loss or lack, or from unfulfilled wishes, wants, needs, desires, agendas, demands, etc)

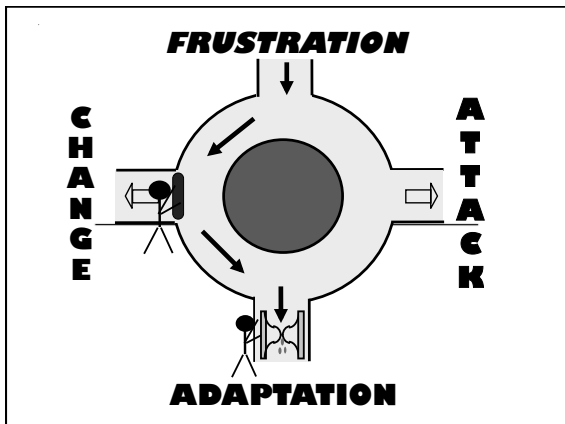
What do we do with tantrums and aggression?





Responses that backfire 

- a) adding more frustration (including consequences if they do not lead to tears of futility)
- b) battling the eruptions of attacking energy
- c) making separation an outcome of aggression



- DISCIPLINE MEASURES**
1. ASSUME RESPONSIBILITY for the child who gets into trouble
 2. USE STRUCTURE & RITUAL to orchestrate chaotic behaviour
 3. CHANGE THE CIRCUMSTANCES that control the child
 4. SCRIPT the behaviour

How do we
preserve and
protect our
attachment?

COLLECT
before you
DIRECT

INVITE &
INSPIRE
DEPENDENCE

Invite & Inspire Dependence

- Establish a caring dominance -

- make it SAFE and easy for the child to depend on you
- earn the child's TRUST that you will take care of them
- convey a strong alpha presence by taking charge and presenting oneself as the child's ANSWER, and inviting the inevitable.
- assume the ALPHA ROLES in the relationship: home-base, compass point, protector, defender, comforter, guide, initiator, one-to-hold-on
- don't indulge demands – read the needs and TAKE the LEAD
- always TRUMP the child's pursuit of proximity
- ARRANGE scenarios where the child must depend upon you

***BRIDGE what
could DIVIDE***

***MATCHMAKE to
those they need
to follow***

PROVIDE A SENSE OF REST

ACCEPT the WORK of the relationship

- to preserve contact and closeness, to bridge separation, to convey the invitation to exist in one's presence, to bridge problem behaviour, to nurture a sense of belonging, to convey a sense of significance, to provide a sense of security in the relationship

ASSUME the ALPHA ROLES in the child's life

- to provide a secure home base, to keep the child safe, to protect the child's dignity, to act as a compass point, to be the one to hold on, to take the initiative, to be the nurturer, to be the agent of utility and the angel of comfort

PROVIDE more than the child is pursuing

- more attention than demanded, more connection than sought, more approval than looking for, more significance than deserved

***WORK at the
attachment and let
the attachment
work for you***
